

# Regional Finals' Ordering Process & Ingredient List Australia

Each competitor will need to order their ingredients (to the maximum quantities specified) from the list below.

Order to be emailed no later than 14 days before the competition date.

After the entry has closed, you will be emailed the following information as part of your acceptance letter:

- Your ingredient order date
- The ACF Host contact information (this is the person you need to email order to)
- The order sheet template

## Ingredient List

### Protein

1 x Whole Chicken 1.2 -1.4 kg

### Dairy or other

250g Unsalted Butter  
500ml Milk  
300ml Cream  
4 Eggs  
200g Grana Padano

200g Greek Yoghurt  
200ml Crème Fraiche  
200ml Almond Milk  
200g Soft Tofu

### Fruit & Vegetables

1EA Large Brown Onion  
1EA Leek  
2 EA Med Carrots  
½ B Baby Spinach  
½ B Swiss Chard  
4 EA Baby Beetroot  
1 Pun Enoki Mushrooms  
1 Pun Swiss Brown Mushrooms  
100g Yellow Cherry Tomatoes

1 EA Sweet Potato  
¼ B Rosemary  
¼ B Thyme  
¼ b Sage  
1/4b Basil  
¼ B Coriander  
¼ B Chives  
¼ B Flat Leaf Parsley  
1 Stick Lemongrass

4 clove Garlic  
30g Ginger  
2 EA Red Chilli  
2 EA Lemons  
2EA Pears  
2 EA Oranges  
3 Sticks Rhubarb

### Dry Goods

7 Gelatine Sheets  
25g Agar Agar  
200ml Soy Sauce  
50g French Mustard  
500g SR Flour  
500g Plain Flour  
200g Corn Flour  
100g Macadamia Pieces

200g Semolina  
200g Pearl Barley  
200g Cous Cous  
200g Basmati Rice  
200g Panko Crumbs  
50ml Vanilla Essence  
300g Castor Sugar  
250g Brown Sugar  
100g Sultanas

200ml Olive Oil  
500ml Vegetable Oil  
Cooking Spray  
50ml Worcestershire Sauce  
50ml Honey  
50ml White Wine Vinegar  
50ml Red Wine Vinegar  
Fish Sauce

### **Herbs & Spices**

Salt Flakes	Cinnamon Quills	Paprika Smokey
Ground Black Pepper	Juniper Berries	Chilli Powder
Ground White Pepper	Ground Nutmeg	Garamasala
Whole Black Peppercorns	Star Anise	Cayenne Pepper
Bay Leaves	Ground Cardamon	Fenugreek Leaf
Ground Cumin	Cloves	Coriander Seed

### **Alcohol**

500ml Red Wine  
500ml White Wine  
200ml Brandy  
200ml Cream Sherry

### **Australian Native Products**

5g Wattle Seed  
5g Lemon Myrtle  
10g Native Pepper Berries  
5g Salt Bush Powder  
10g Dried Rosella Flowers

### **Nestlé Ingredients**

The following products will be available for selection on a communal table on competition day. Please note, it is mandatory for competitors to use BUONDI Coffee Beans and a minimum of three (3) Nestlé products, not including Dariole Moulds in the menu.

BUITONI Sugo Al Pomodoro (Tomato Coulis)  
MAGGI Natural Mashed Potato  
MAGGI Coconut Milk Powder Mix  
NESTLÉ Royal Chocolate Couverture  
NESTLÉ DOCELLO Snowcap White Compound Chocolate  
NESTLÉ DOCELLO French Vanilla Mousse Mix  
NESTLÉ DOCELLO Dariole Moulds  
CARNATION Creamy Evaporated Milk  
NESTLÉ Sweetened Condensed Milk  
UNCLE TOBYS Traditional Oats  
BUONDI Steady State Beans  
MAGGI Seasoning  
MAGGI Malaysian Laksa Paste  
MAGGI Thai Tom Yum Paste  
MAGGI Soy Sauce Condensed  
MAGGI Gluten Free Chicken Gravy Mix